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Alice Charles (author of therapeutic shiatsu)

Alice Charles is the author of Therapeutic Shiatsu Massage for the Beginner (4.00 avg rating, 1 rating, 0 reviews, published 2013) and Lipstick Tales (0.

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Shiatsu is a form of Japanese bodywork based on the theoretical framework of Chinese medicine. In the Japanese language, shiatsu means "finger pressure". Shiatsu

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